PULL-OVER
For the Girl in the Services
(4-ply)
J. Chapman
A SLEEVELESS PULL-OVER

MATERIALS: 6 ozs. of Lister’s Lavenda 4-ply (obtainable in service shades only): a pair each of No. 12 and 10 knitting needles.

TENSION AND MEASUREMENTS: Worked at a tension of 7 sts. to the inch in width with No. 10 needles, the measurements on the diagram are attained after light pressing.

To Be Read Before Working:

ABBREVIATIONS: K., knit plain: p., purl: st., stitch: tog., together: inc., increase (by working into the front and back of the same st.): dec., decrease (by working 2 sts. tog.): m., make (by bringing the wool to the front of the needle and over it before knitting the next st., or by bringing the wool to the front of the needle, over it, and to the front again before a purl st.): sl., slip: p.s.s.o., pass the slipped st. over: m.s., moss st. (k. 1 and p. 1 alternately, and on subsequent rows the sts. are reversed): single rib is k. 1 and p. 1 alternately.

TO WORK THE BACK

Begin at the lower edge by casting on 100 sts. with No. 12 needles. Work 25 rows in single rib, working into the back of the sts. on the first row to give a neat edge.

Inc. row: * Rib 9, inc.; repeat from * to end. (110 sts.). Change to No. 10 needles and begin the pattern thus:

1st row (right side): K. 2, * p. 4, k. 2; repeat from * to the end of the row.

2nd row: P. 2, * k. 4, p. 2; repeat from * to the end of the row.

Repeat the last 2 rows twice more.

7th row: K. 1, * m. 1, sl. 1, k. 1, p.s.s.o., p. 2, k. 2 tog.; repeat from * until 1 st. remains, m. 1, k. 1.

8th row: K. 1, k. 1 back (by working into the back of the loop), * p. 1, k. 2, p. 1, k. 1 back, lift 1 (by picking up the thread which lies between the 2 sts. below and k. it in the usual way); repeat from * until 6 sts. remain, p. 1, k. 2, p. 1, k. 1 back, k. 1.

9th row: K. 1, p. 1, m. 1, sl. 1, k. 1, p.s.s.o., k. 2 tog., m. 1, p. 1; repeat from * to end.

10th row: K. 2, * k. 1 back, twist 2 thus: p. into the front of the 2nd st. from point of left-hand needle, but do not slip st. off p. into the front of the 1st st. from left-hand needle and slip both sts. off the needle tog., k. 1 back, k. 2; repeat from * to end.

11th row: K. 1, p. 2, * k. 2, p. 4; repeat from * ending the last repeat with p. 2, k. 1 instead of p. 4.

12th row: K. 3, * p. 2, k. 4; repeat from * ending the last repeat with k. 3 instead of k. 4.

Repeat the 11th and 12th rows twice more.

17th row: K. 1, p. 1, * k. 2 tog., m. 1, sl. 1, k. 1, p.s.s.o., p. 2; repeat from * to end.

18th row: K. 2, * p. 1, k. 1 back, lift 1, p. 1, k. 2; repeat from * to the end.

19th row: K. 1, * k. 2 tog., m. 1, p. 2, m. 1, sl. 1, k. 1, p.s.s.o.; repeat from * until 1 st. remains, k. 1.

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20th row: K. 1, p. 1, * k. 1 back, k. 2, k. 1 back, twist 2; repeat from * ending the last repeat with p. 1, k. 1, instead of twist 2. 
These 20 rows form the pattern, so repeat them twice more and the first 10 rows again to the armholes. 
To shape the armholes:—
1st row: (11th pattern row) Cast off 4 (1 st. on needle), * p. 4, k. 2; repeat from * until 3 sts. remain, p. 2, k. 1.
2nd row: Cast off 4 sts. (1 st. on needle), * k. 4, p. 2; repeat from *, ending the last repeat with p. 1 instead of p. 2.
4th row: K. 2 tog., k. 2, * p. 2, k. 4; repeat from *, ending the last repeat with k. 2, k. 2 tog. instead of k. 4.
6th row: K. 2 tog., * p. 2, k. 4; repeat from * ending the last repeat with k. 2 tog., instead of k. 4.
7th row: K. 2 tog., * m. 1, sl. 1, k. 1, p.s.s.o., p. 2, k. 2 tog.; repeat from * until 2 sts. remain, m. 1, k. 2 tog.
9th row: K. 2 tog., * p. 2, k. 1, * m. 1, p. 2, m. 1, sl. 1, k. 1, p.s.s.o., k. 2 tog; repeat from * until 1 st. remains, k. 1.
10th row: P. 2 tog., p. 1, * k. 1 back, k. 2, k. 1 back, twist 2; repeat from * ending the last repeat with p. 1, p. 3 tog. instead of twist 2. (86 sts.).

Work 46 rows in pattern as before the armhole shaping. 
To slope the shoulders.—Cast off 8 sts. at the beginning of the next 6 rows, then cast off the remaining sts.

THE FRONT
Work this exactly the same as the Back until the armholes are reached, then divide the sts. for the neck and shape the armhole as follows:—
The Left Half Front.—To shape the armhole and neck:—
1st row (11th pattern row): Cast off 4 (1 st. on needle), * p. 4, k. 2; repeat from * 7 times more, p. 2 tog., turn, leaving the remaining 55 sts. on a spare needle until needed.
2nd row: K. 1, * p. 2, k. 4; repeat from *, ending the last repeat with k. 3, k. 2 tog. instead of k. 4.
3rd row: P. 2 tog., p. 2, * k. 2, p. 4; repeat from * until 3 sts. remain, k. 3.
4th row: P. 3, * k. 4, p. 2; repeat from * until 3 sts. remain, k. 1, k. 2 tog.
5th row: P. 2 tog., * k. 2, p. 4; repeat from * until 3 sts. remain, k. 1, k. 2 tog.
6th row: P. 2, * k. 4, p. 2; repeat from *, ending the last repeat with p. 1, p. 2 tog. instead of p. 2.
7th row: K. 2 tog., k. 1, * p. 2, k. 2 tog., lift 1; repeat from * until 4 sts. remain, k. 2, p. 2 tog.
8th row: P. 3, * k. 2, p. 1, k. 1 back, lift 1; repeat from * until 4 sts. remain, k. 2, p. 2 tog.
9th row: P. 2, * k. 2 tog., m. 1, p. 2, m. 1, sl. 1, k. 1, p.s.s.o., repeat from * until 4 sts. remain, k. 2, k. 2 tog.
10th row: P. 2, * twist 2, k. 1 back, k. 2, k. 1 back; repeat from * until 3 sts. remain, p. 1, p. 2 tog. (40 sts.)

There are BESTWAY designs for every style and age.
6th row: K. 2 tog., * p. 2, k. 4; repeat from * until 2 sts. remain, p. 2.

7th row: K. 1, k. 2 tog., * p. 2, k. 2 tog., m. 1, sl. 1, k. 1, p.s.s.o., repeat from * until 6 sts. remain, p. 2, k. 2 tog., k. 2.


9th row: K. 2, p. 1, * k. 2 tog., m. 1, p. 2, m. 1, sl. 1, k. 1, p.s.s.o., repeat from * until 3 sts. remain, k. 2 tog., k. 1.

10th row: P. 2 tog., p. 1, * k. 1 back, k. 2, k. 1 back, twist 2; repeat from * until 2 sts. remain, k. 2. (40 sts.)

Now repeat from ** on the Left Half Front to the end, noting the item in brackets.

**Continue in pattern, working straight at armhole edge, but decreasing 1 st. at the neck edge on the next row and every following 3rd row until 26 sts. remain.

Work 6 rows straight to the shoulder. (Work 7 rows here on the Right Half Front).

To slope the shoulder.—Cast off 8 sts. at the beginning of the next row and following 2 alternate rows. Pass one st. over the other and fasten off.

The Right Half Front.—With right side facing and beginning at neck edge of the 55 sts. left on spare needle, work as follows:—

1st row (11th pattern row): P. 2, * k. 2, p. 4; repeat from * ending the last repeat with p. 3, instead of p. 4.

2nd row: Cast off 4 (1 st. on needle), * k. 4, p. 2; repeat from * until 2 sts. remain, k. 2 tog.

3rd row: P. 1, * k. 2, p. 4; repeat from *, ending the last repeat with p. 3, p. 2 tog.

4th row: K. 2 tog., k. 2, * p. 2, k. 4; repeat from * until 3 sts. remain, p. 3.

5th row: K. 2 tog., k. 1, * p. 4, k. 2; repeat from * until 3 sts. remain, p. 1, p. 2 tog.

THE NECK BAND

With No. 12 needles, cast on 146 sts. Work 10 rows in m.s., decreasing 1 st. at each end of every alternate row. (136 sts.) Cast off loosely.

THE ARMHOLE BANDS

With No. 12 needles, cast on 120 sts. Work 10 rows in m.s. Cast off loosely. Work another band in the same way.

TO MAKE UP THE PULLOVER

Press all parts, except the ribbing, with a hot iron over a damp cloth on the wrong side. Join the shoulder seams, beginning at the armhole end and taking 1 st. from each side at a time. Sew the armhole bands neatly to the armhole edge. Join the mitred ends of the neck-band and sew to the neck edge with the mitre at the centre front, and stretch slightly when fitting round the back of neck. Join side seams and press all seams.